



XIX WORLD WATER CONGRESS
International Water Resources Association (IWRA)
Marrakech, Morocco | 1-5 December 2025

Recharge mechanism and hydrogeological functioning of mountainous springs in East African highland-lowland systems

Michel Frem

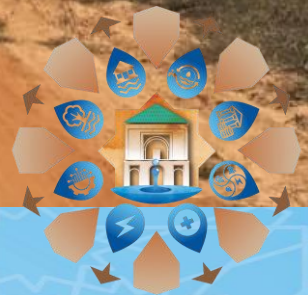
IHE Delft Institute for Water Education, TU Delft
2 December 2025

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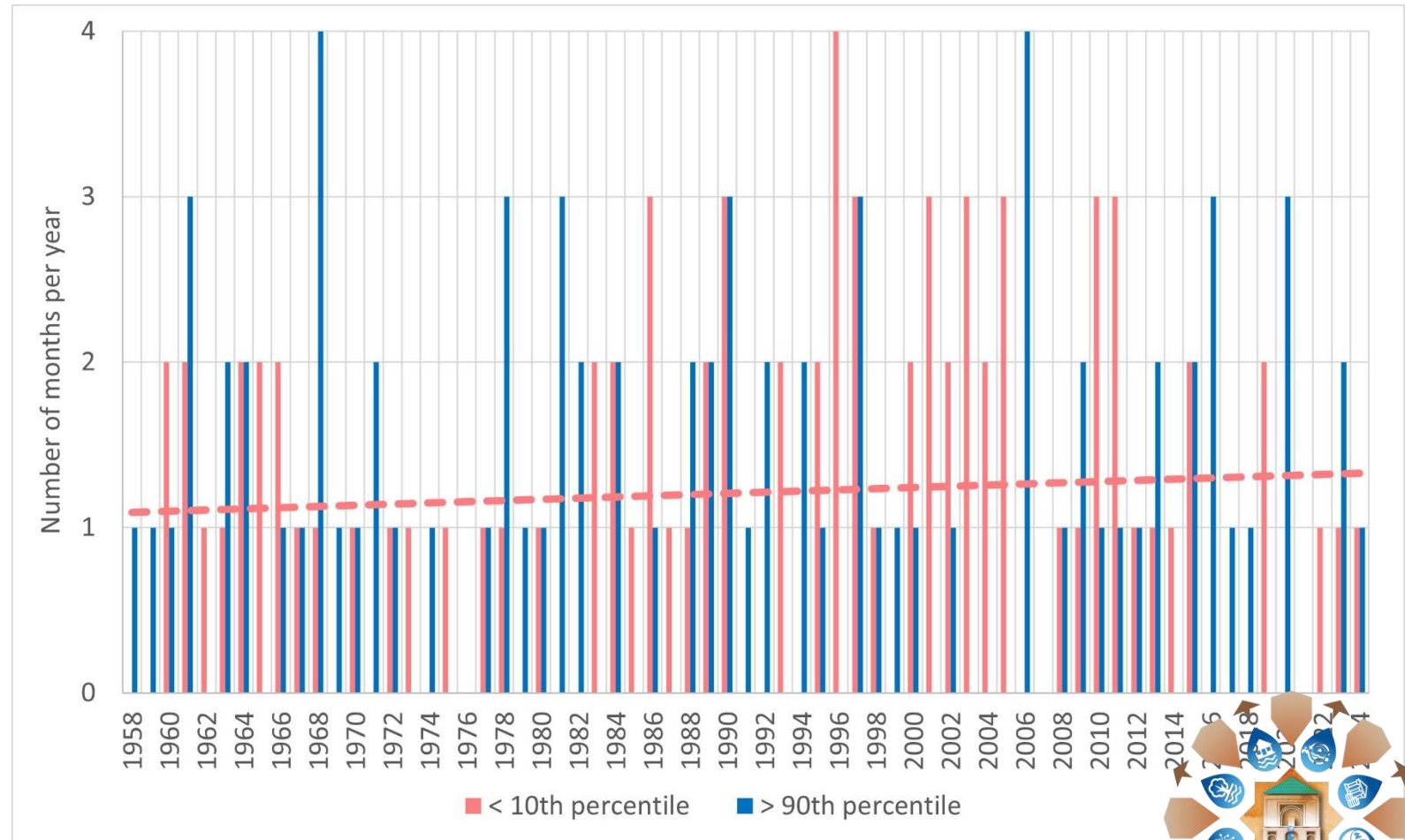
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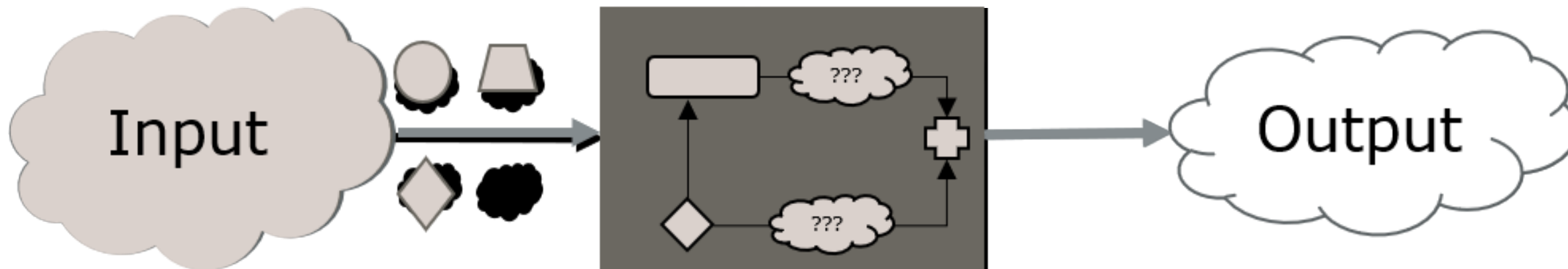
Introduction

- East African montane forests are commonly known as water towers (*Hohenthal et al., 2015*).
- Increasing competition over freshwater resources.
- Unpredictability of temperature and rainfall patterns in The Horn of Africa (*UNICEF, 2022*).
- Gap in understanding the interplays between climate variabilities, alterations in land use, and their impacts on groundwater hydrology (*Jain, 2021; Mengistu et al., 2022*).



Objectives

Characterize the hydrogeological setting and develop a **conceptual understanding of highland-lowland hydrological dynamics**, including surface water-groundwater interactions.



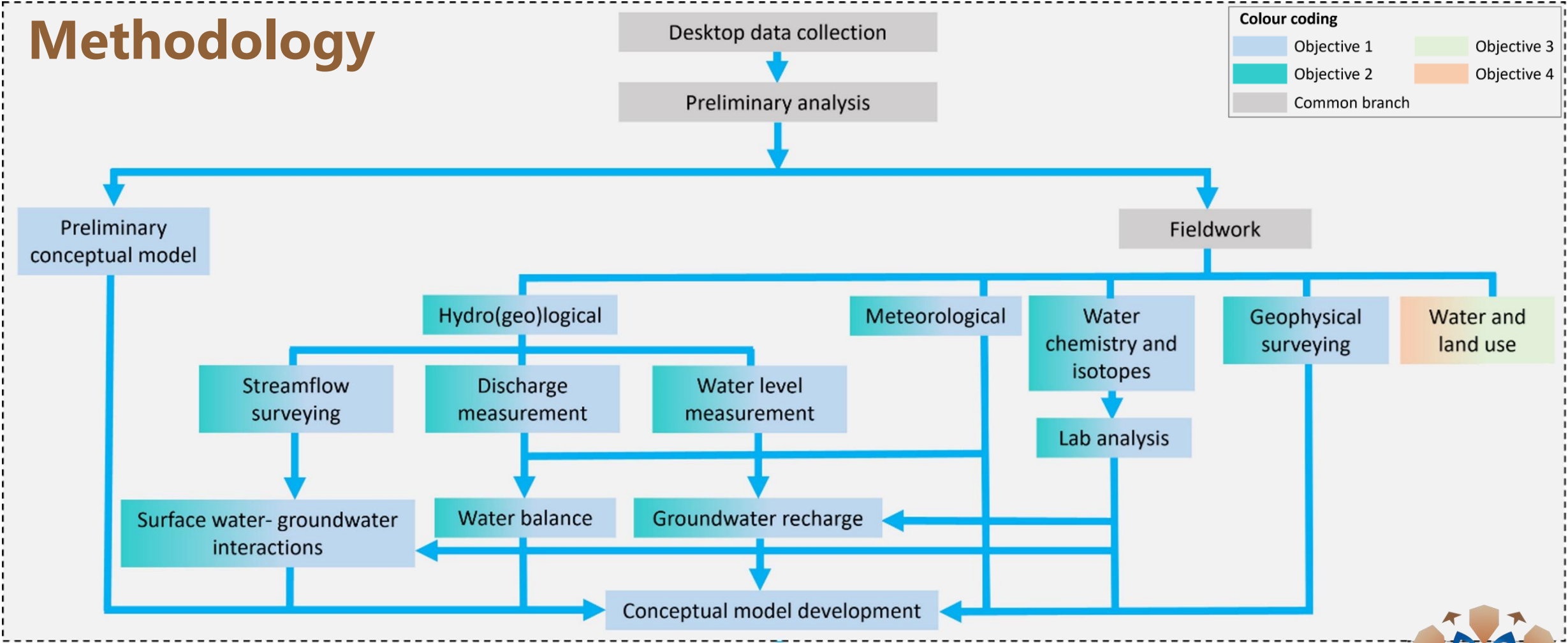
Mountainous areas are the "blackest of black boxes" in the hydrological cycle (Klemes, 1988)



High level of uncertainty in understanding and modelling hydrological processes.

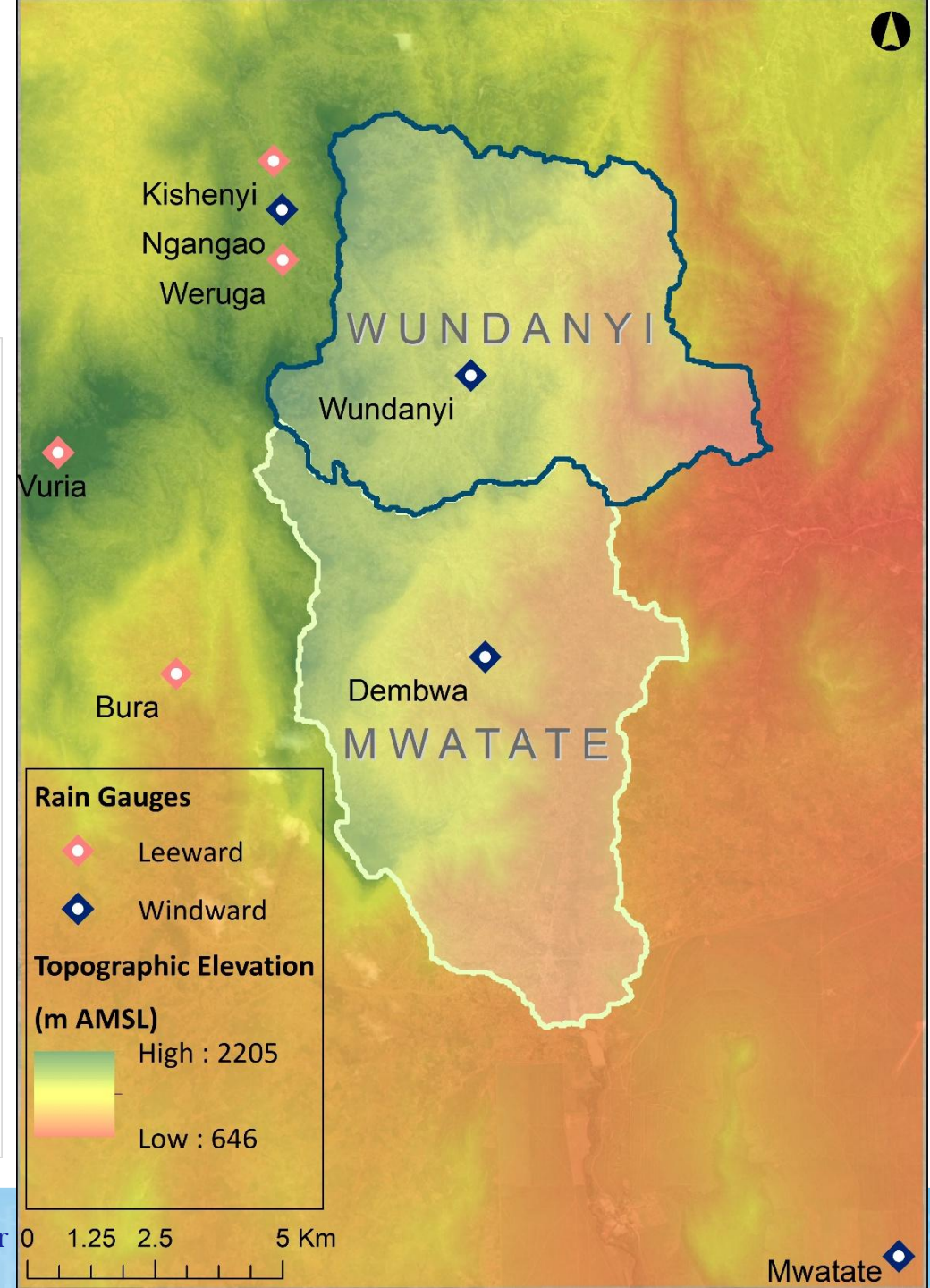
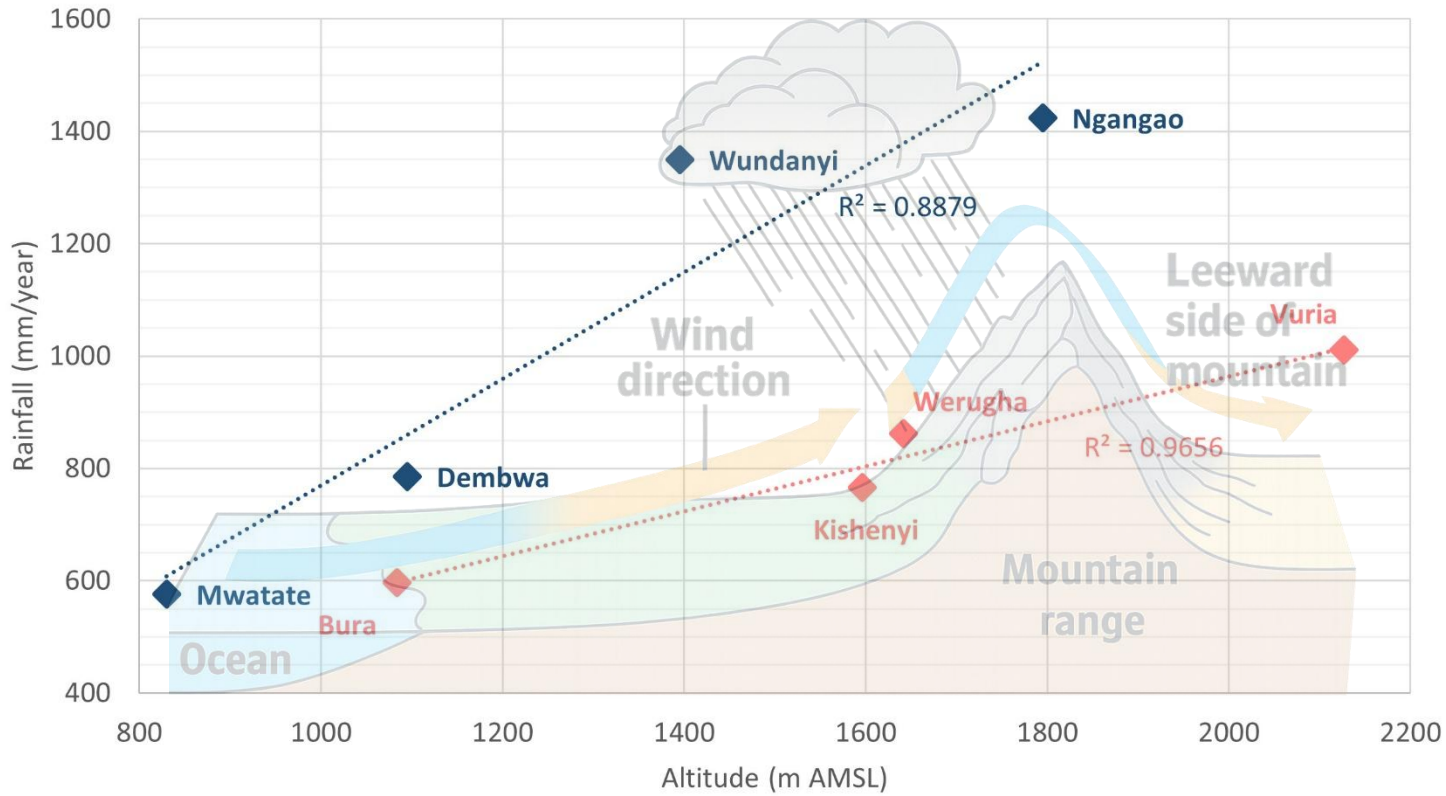


Methodology

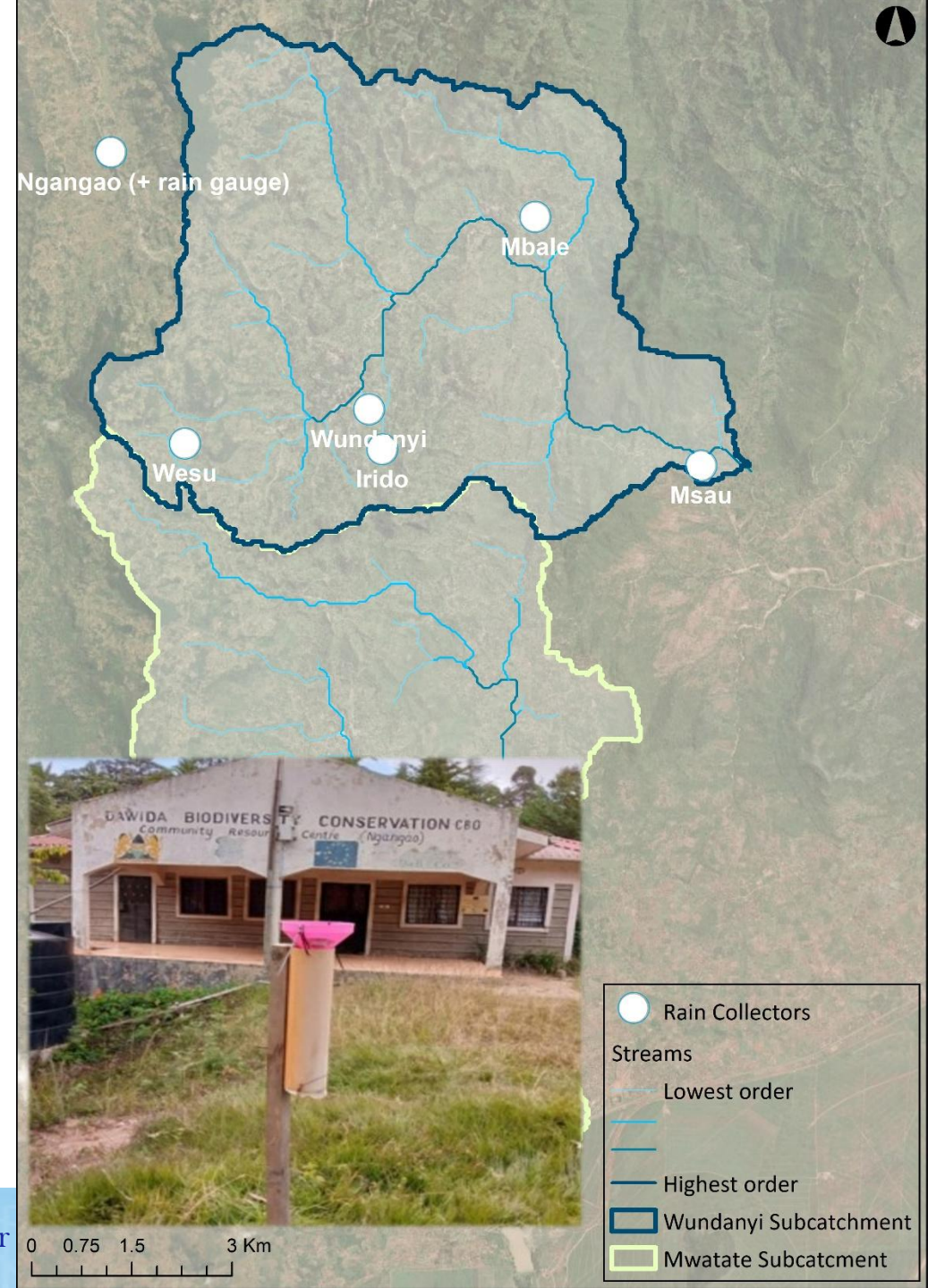
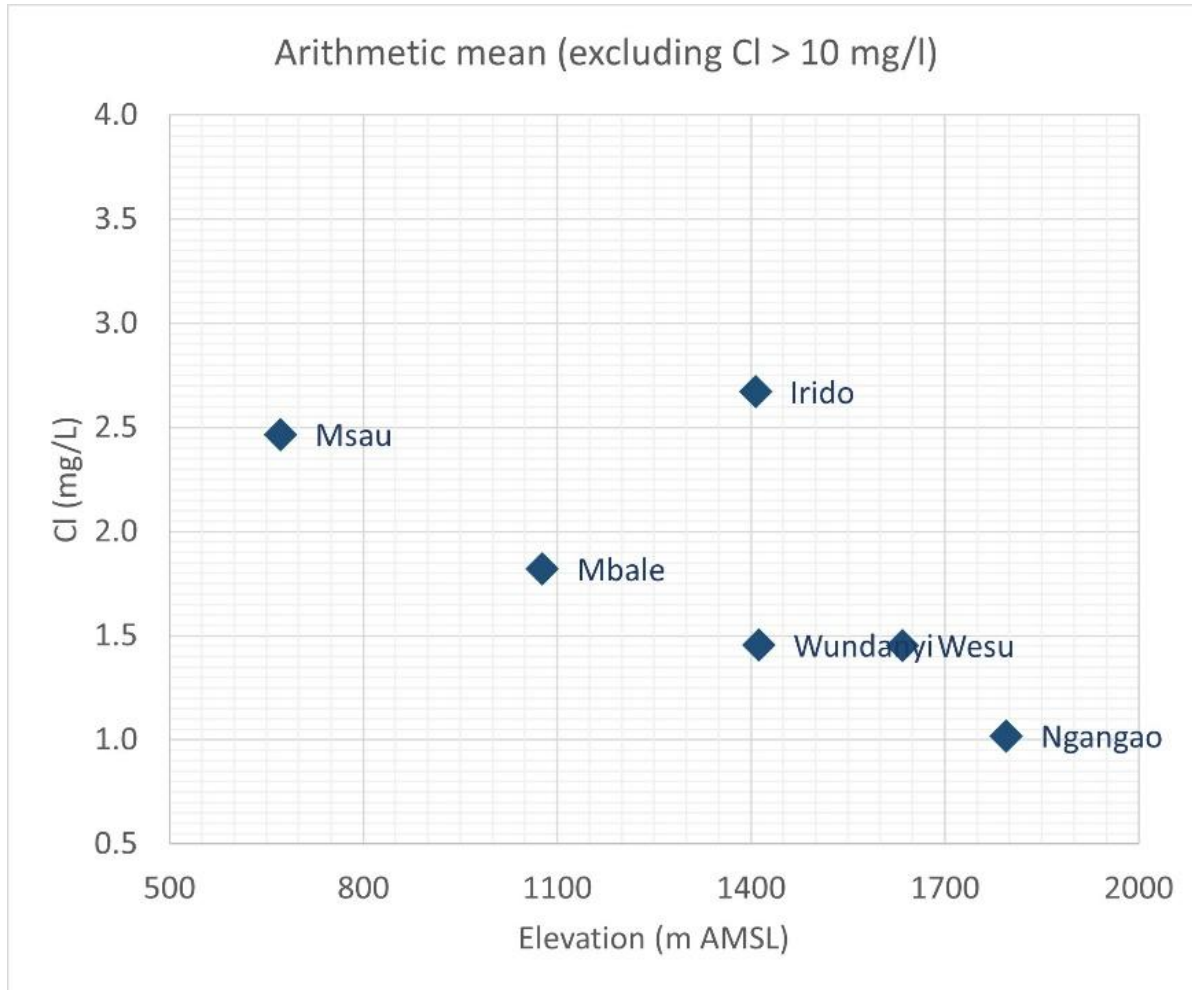


System's Input

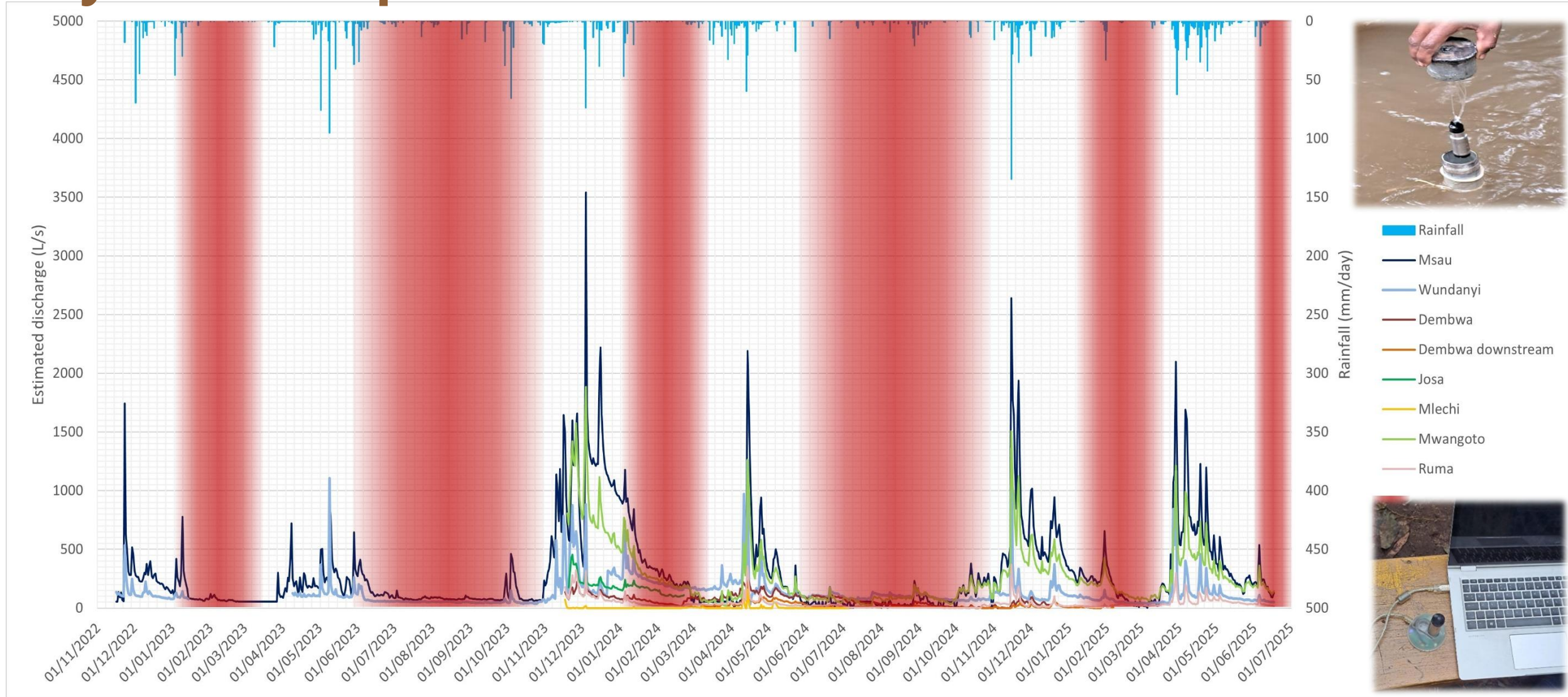
Average Annual Rainfall vs. Station Altitude



System's Input

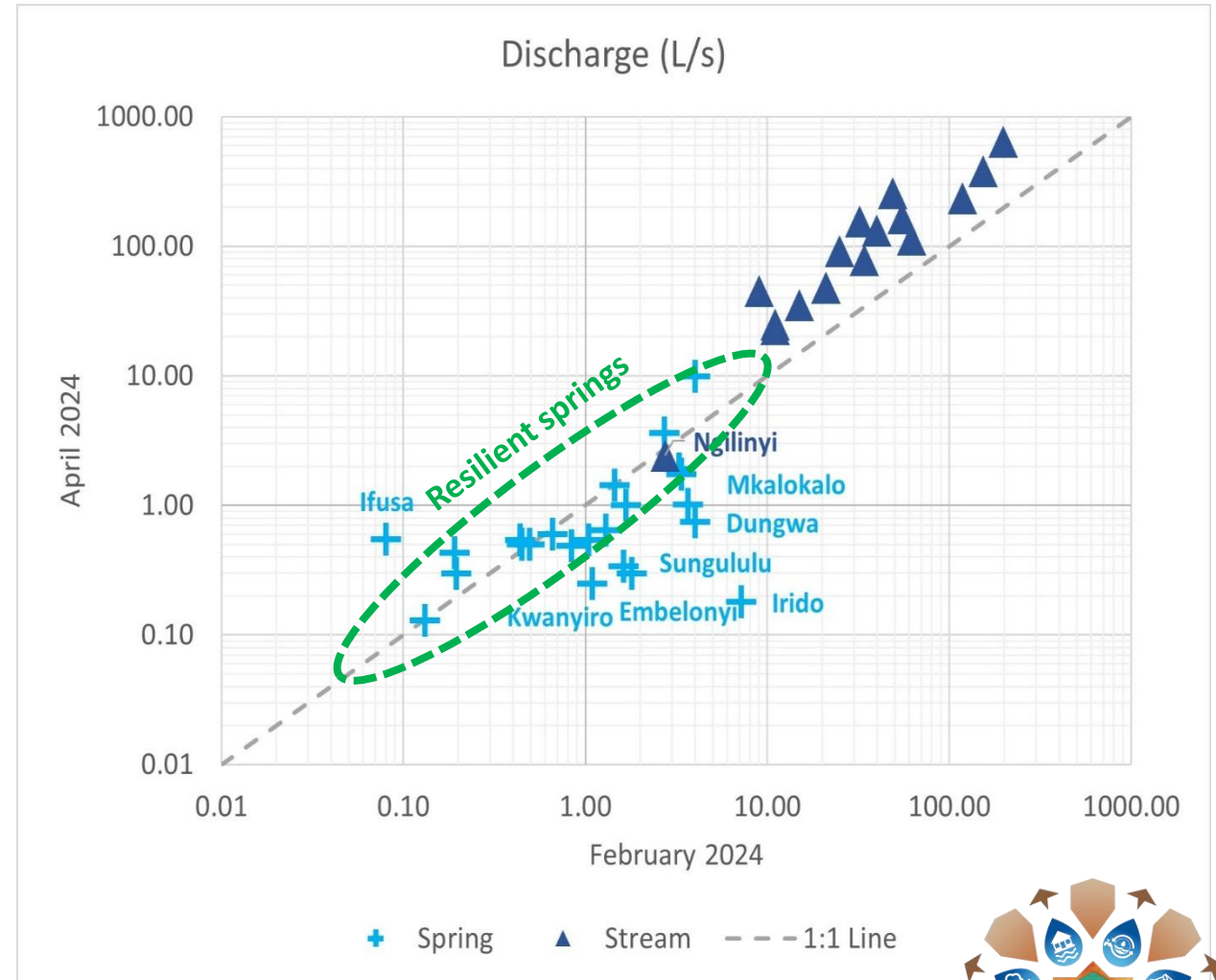


System's Output

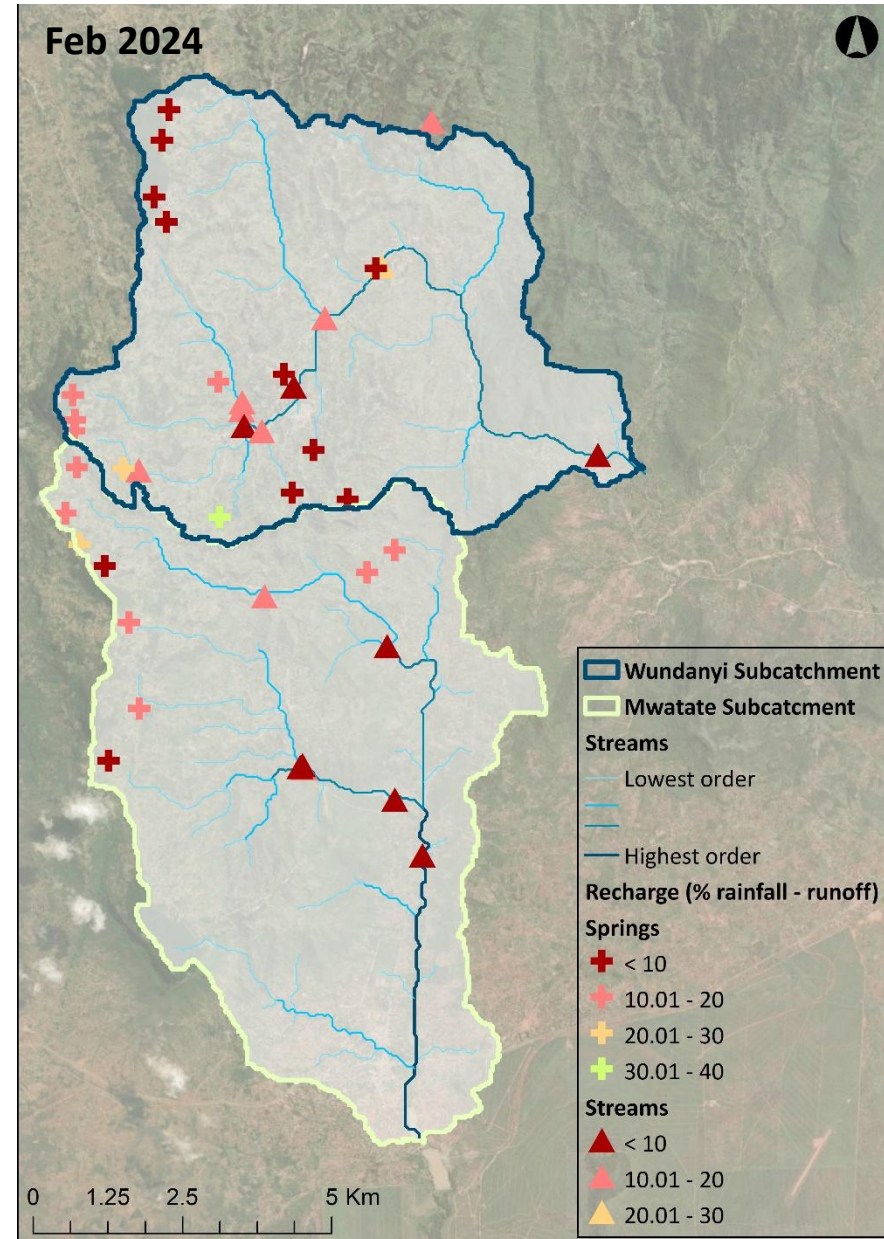
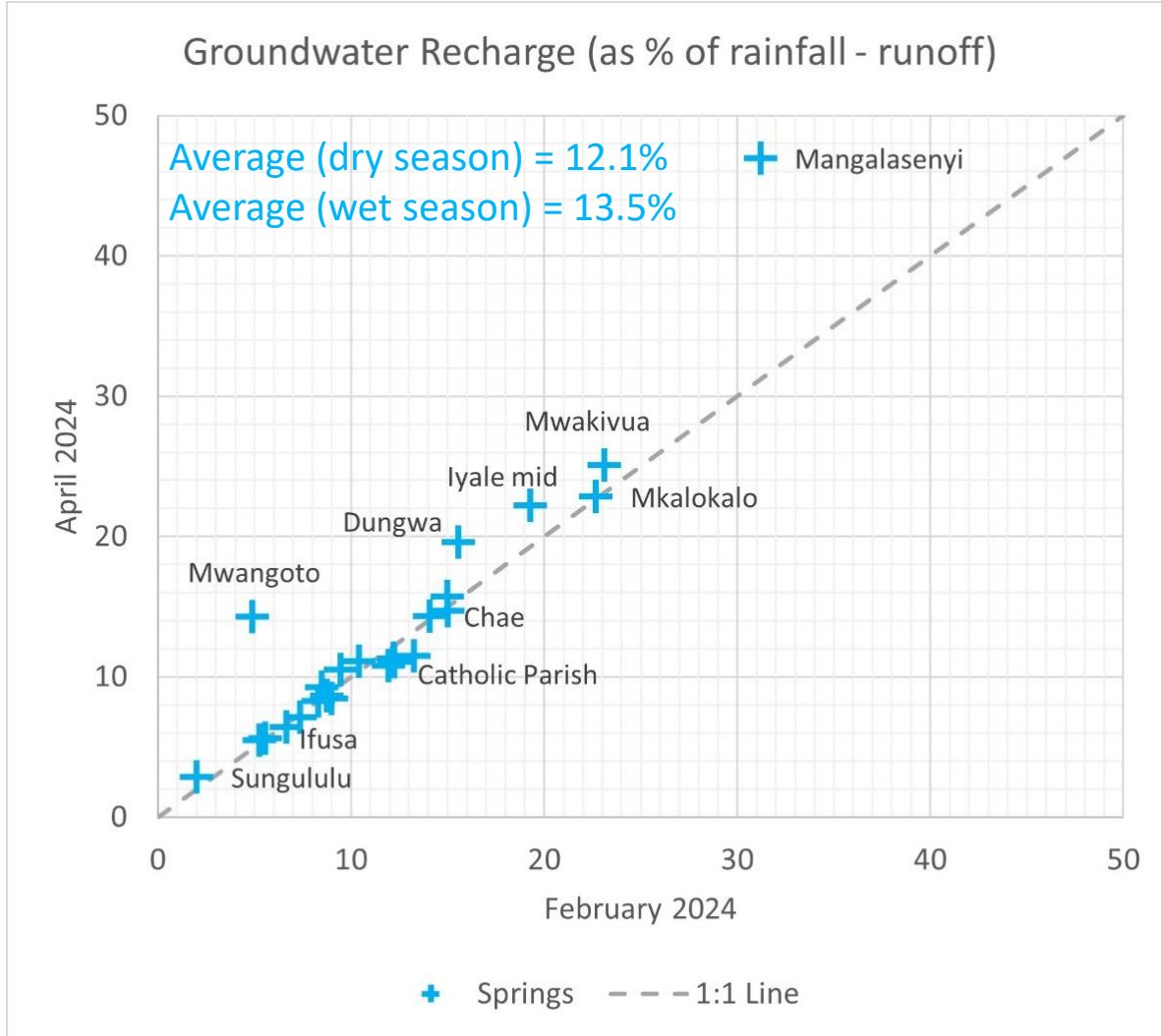


Processes

- Stream discharge consistently higher in the wet season.
- Spring discharge mostly equal or lower in the wet season with some exceptions → delayed response.

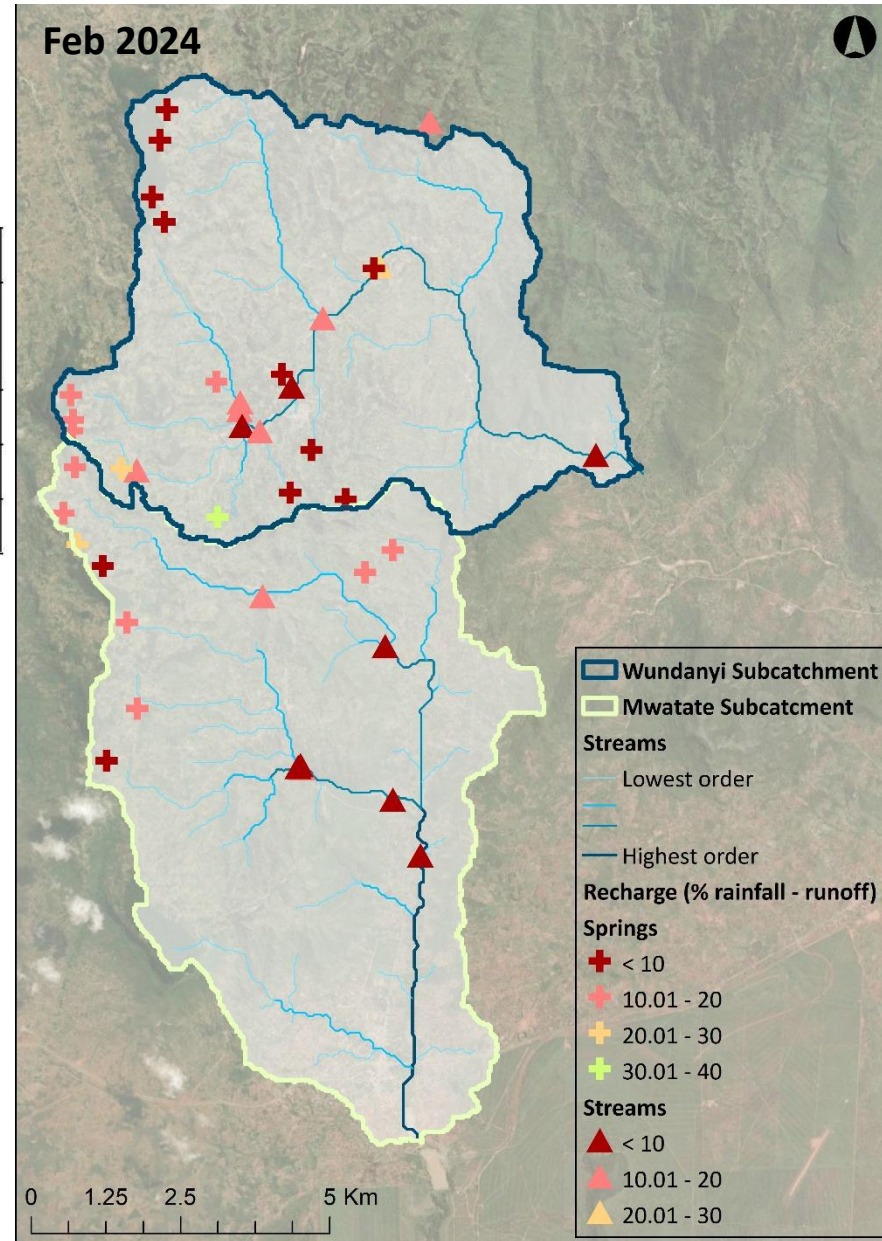


Processes



Processes

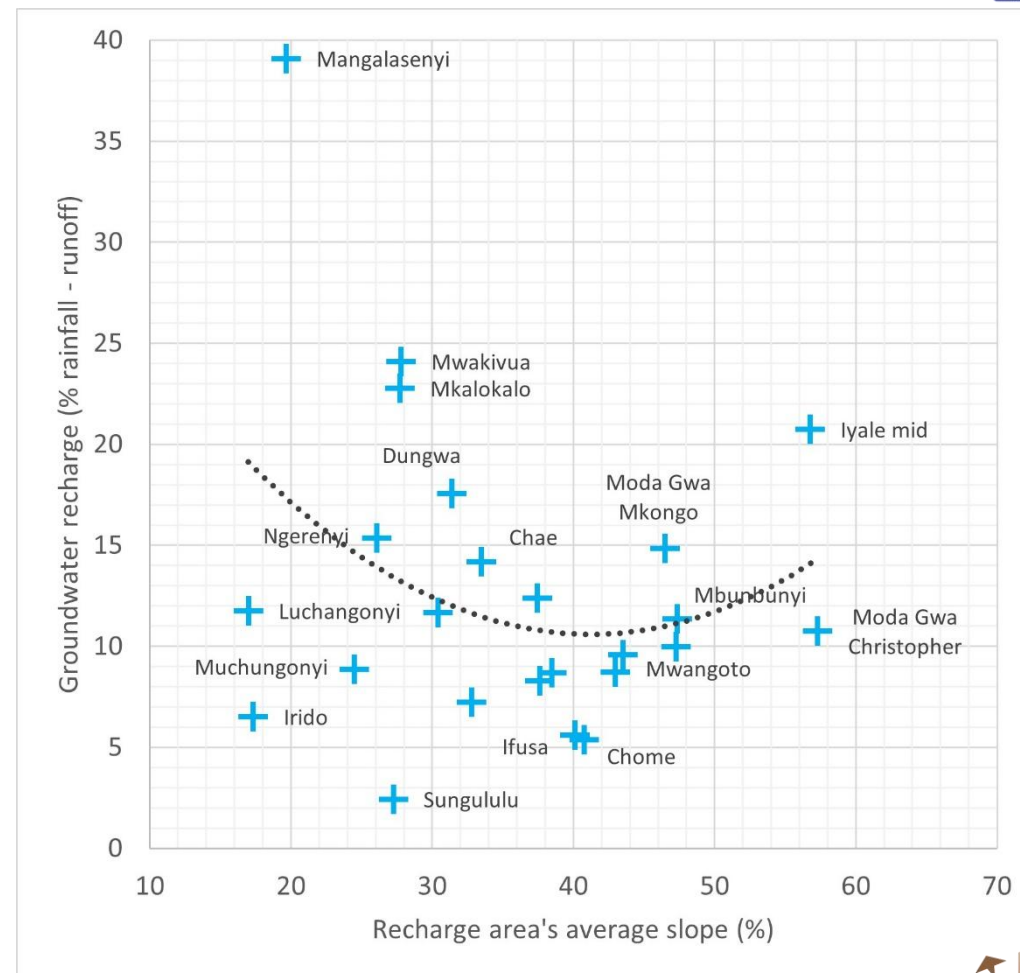
Elevation Zone	Groundwater recharge (% of rainfall - runoff)				
	Number of samples	Min	Max	Average	Standard Deviation
Highland (> 1500 m AMSL)	17	5.3	31.2	13.5	7.1
Transition Zone (1100-1500 m AMSL)	6	2.0	15.6	8.3	4.9
Lowland (< 1100 m AMSL)	1	11.9	11.9	11.9	N/A



Processes

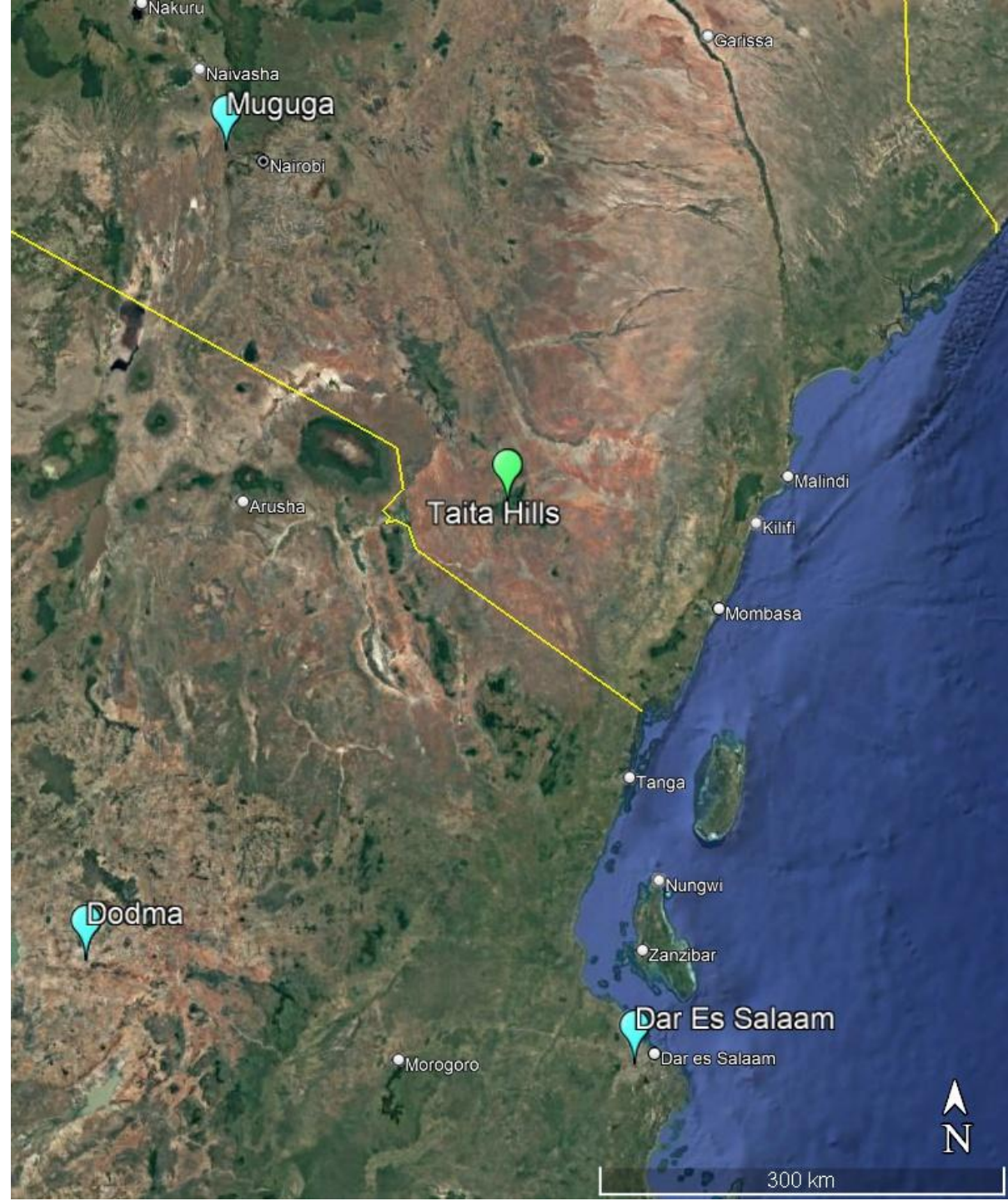
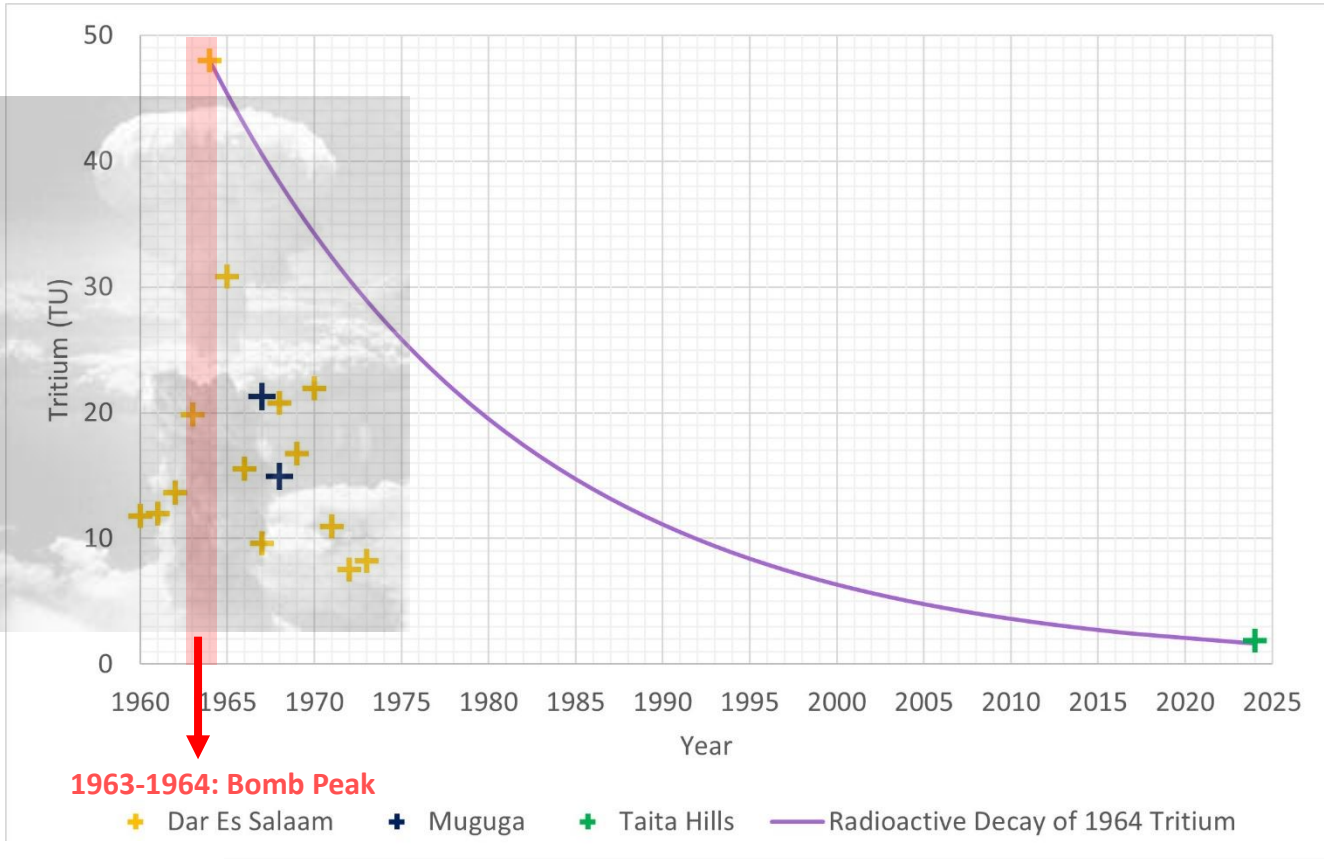


Landuse	Groundwater recharge (% of rainfall - runoff)				
	Number of samples	Min	Max	Average	Standard Deviation
Agroforestry	14	2.9	47.0	14.1	10.9
Cropland	1	25.1	25.1	25.1	N/A
Montane forest	3	7.1	8.5	8.0	0.7
Plantation forest	5	5.6	22.2	12.8	6.2
Thicket	1	14.3	14.3	14.3	N/A



Processes

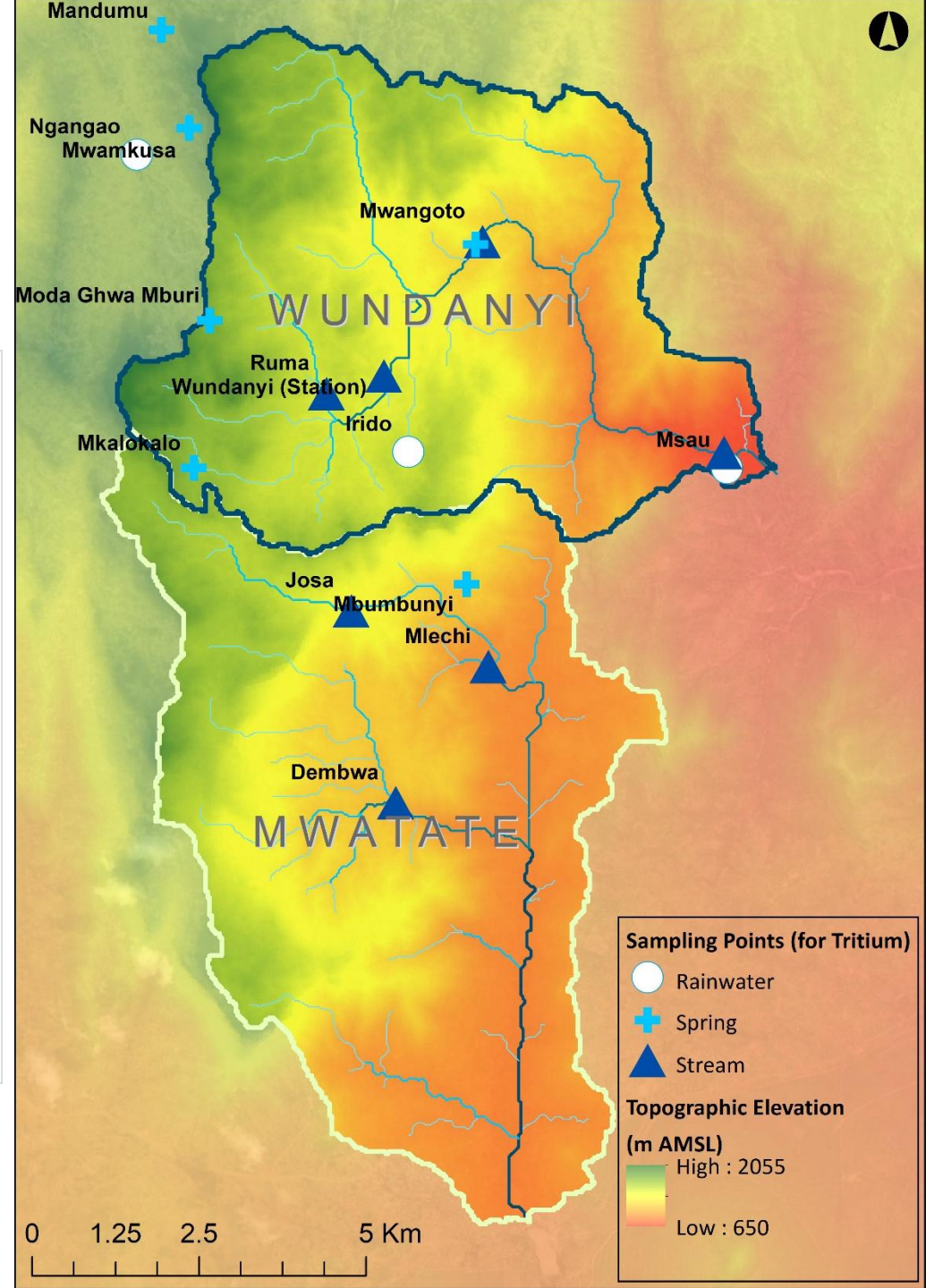
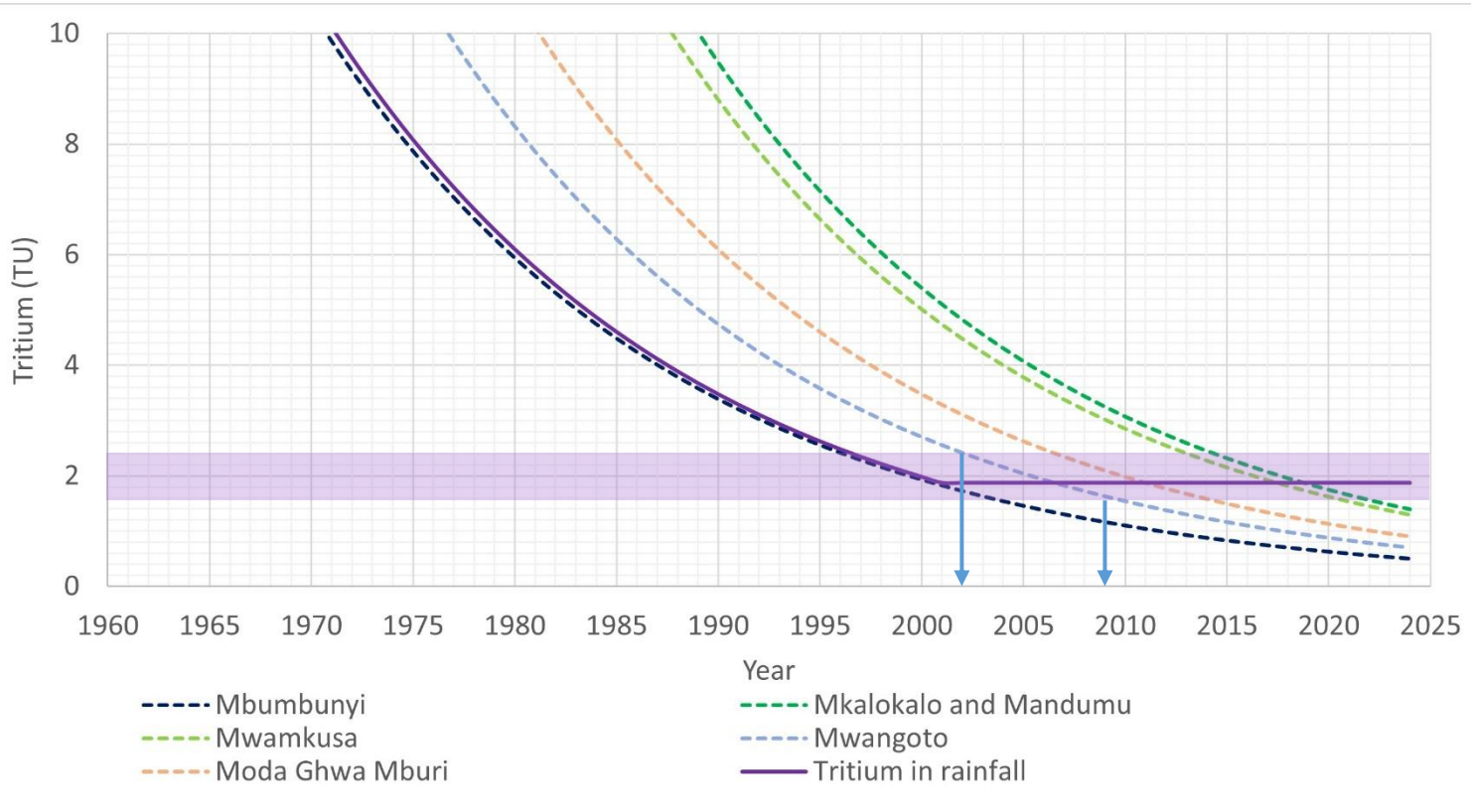
- Tritium in Rainwater: Why is 1964 \approx 2024?



Scan to know more about Tritium

Processes

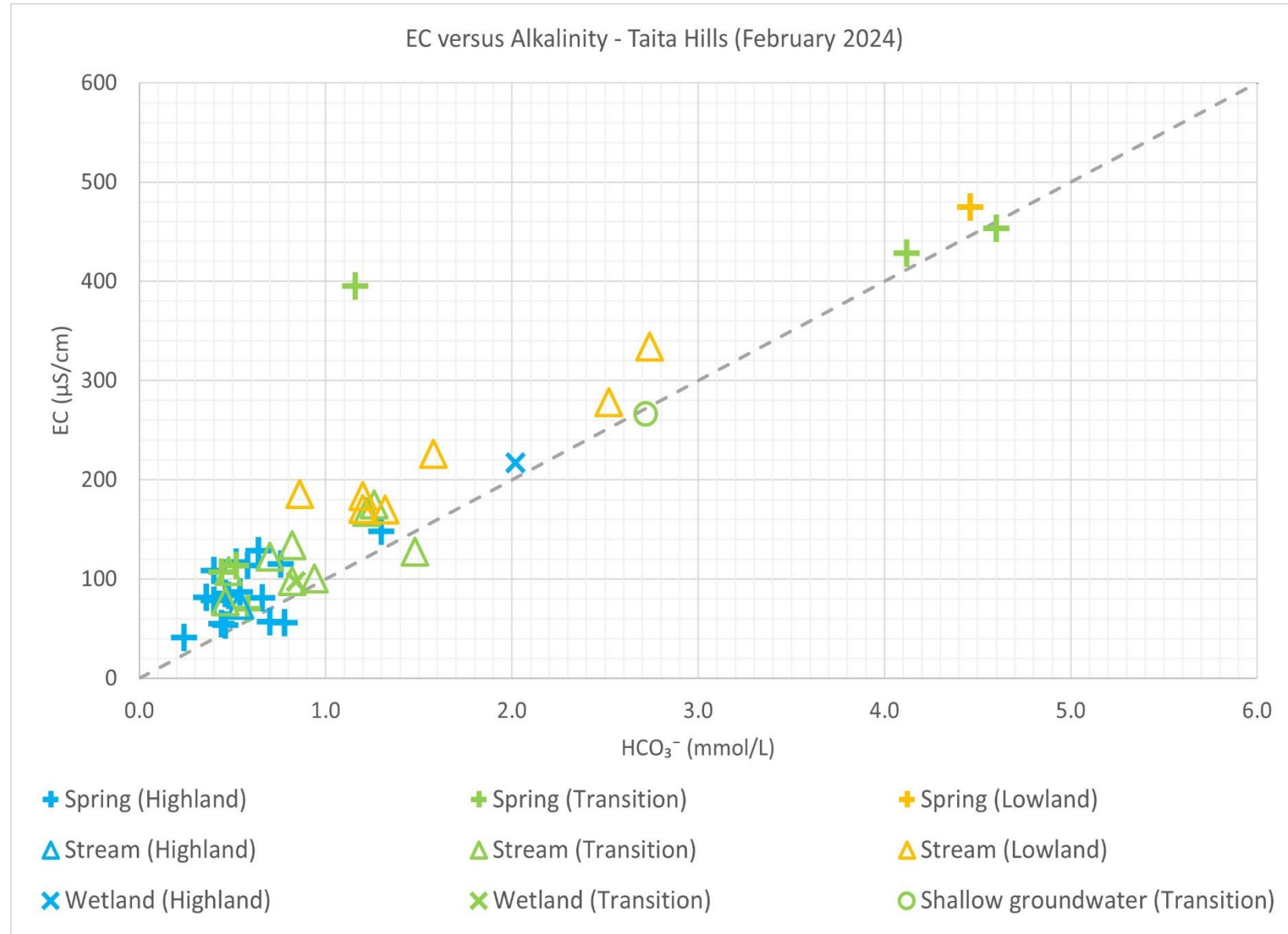
- Tritium in rainwater has been constant since early 2000s (*Lindsey et al., 2019*).



Scan to know more about Tritium

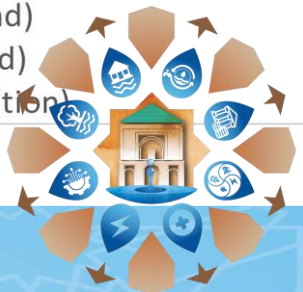
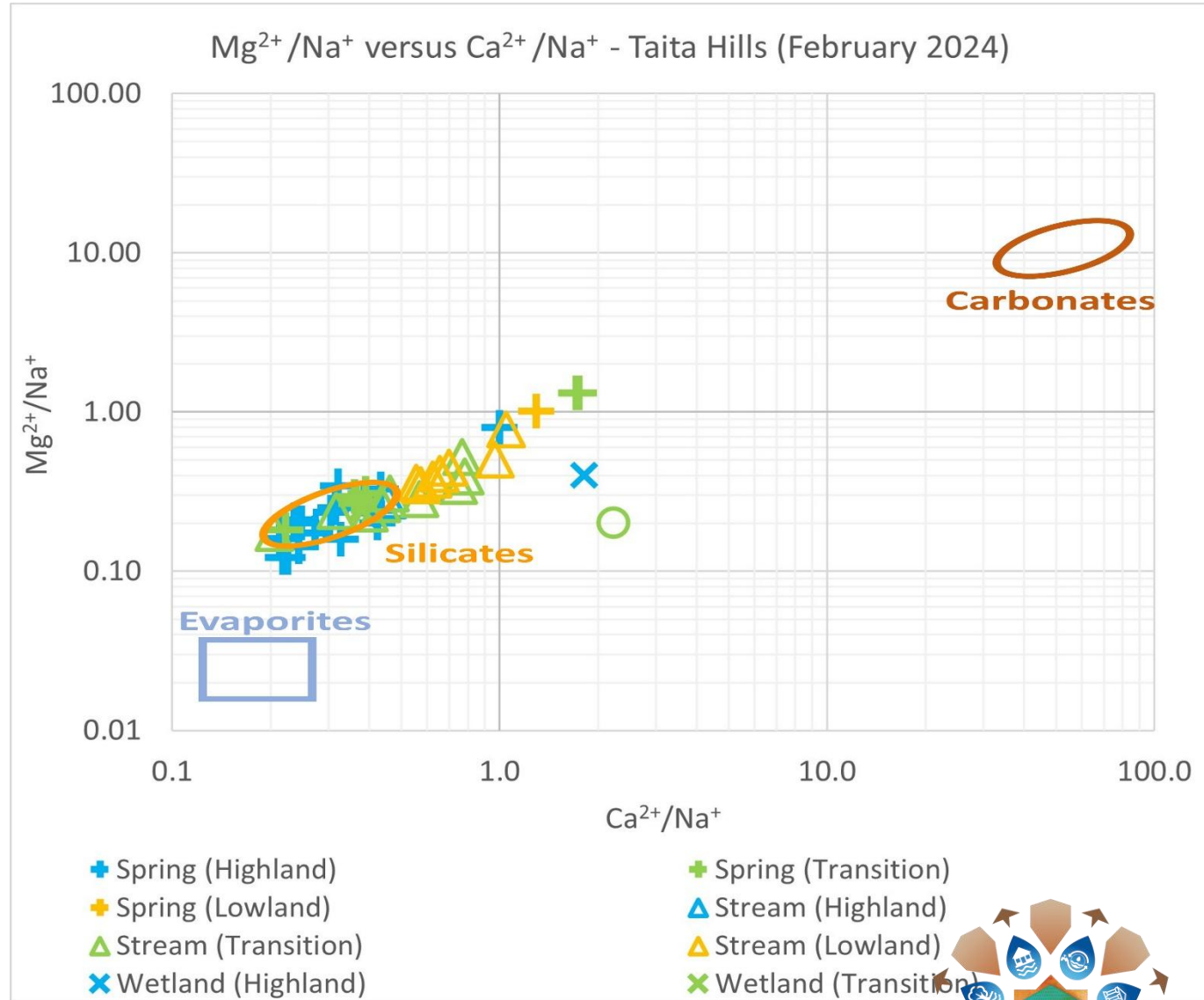
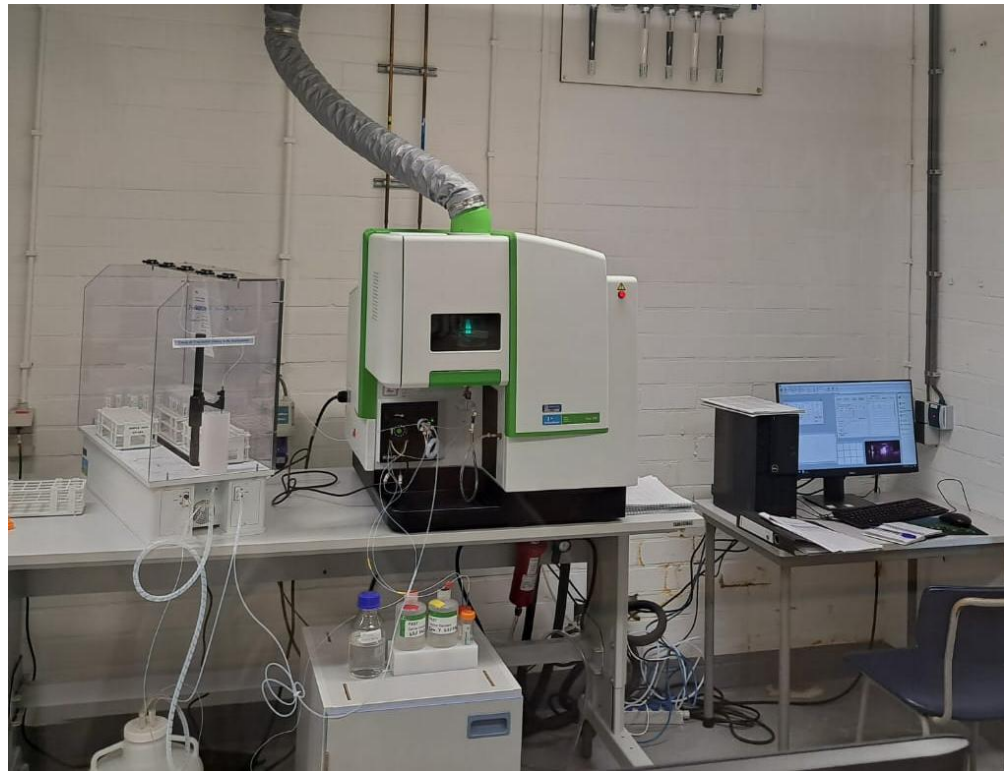
Processes

- Groundwater chemistry largely controlled by water-rock interactions.
- Springs: mostly at lower EC and alkalinity (except Mbunbunyi, Mwangoto, Embelonyi which have longer residence times).
- Streams: influenced by both baseflow and surface runoff.

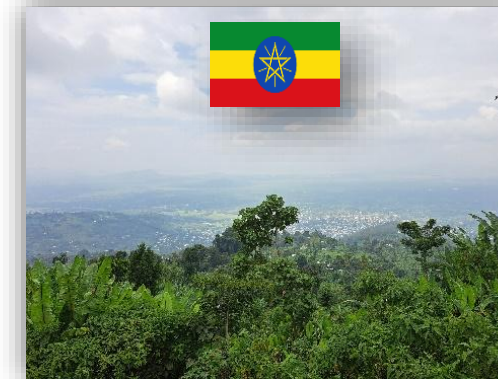


Processes

- The chemical composition mainly influenced by the dissolution of silicate minerals.



Conclusion



Rainfall	<ul style="list-style-type: none"> - Stronger gradient (and orographic effect) - Stronger declining trend (yet insignificant) - Higher number of extremely dry months 	<ul style="list-style-type: none"> - Continuity between the wet seasons - Lower number of extremely wet months
Recharge		<ul style="list-style-type: none"> - Higher in Wondo Genet (TBC)
River Discharge	<ul style="list-style-type: none"> - Much higher than contributing springs 	<ul style="list-style-type: none"> - Much higher than contributing springs - Higher in Wondo Genet
Dry Season Discharge		<ul style="list-style-type: none"> - Higher (> double) in Wondo Genet
Processes and Flow Systems	<ul style="list-style-type: none"> - Local and deeper/more regional flow systems - Impact of structural geology - Silicate weathering 	
Highland Contributions	Highland (also beyond the study area) provides important flow contributions to downstream areas	
Landuse Transitions	Forest/woodland → Agroforestry → Cropland	Cropland → Forest → Cropland
Anthropogenic Impact	More/larger infrastructure	More contamination (higher nitrate levels)

**More about this topic tomorrow (3 December)
at 14:30 (session 5.1):**

*“Establishing hydrological monitoring hubs to
support the conceptual assessment and protection
of Africa’s natural water towers”*

References

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- *Lindsey B, Jurgens B, Belitz K (2019) Tritium as an indicator of modern, mixed, and premodern groundwater age (No. 2019-5090). US Geological Survey*
- *Mengistu TD, Chung IM, Kim MG, Chang SW, Lee JE (2022) Impacts and Implications of Land Use Land Cover Dynamics on Groundwater Recharge and Surface Runoff in East African Watershed. Water 14, 2068*
- *UNICEF (2022) Horn of Africa Drought Crisis: Climate Change Is Here Now. UNICEF*



Under the High Patronage of His Majesty King Mohammed VI



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Thank you!

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