

# Food and Water for Life:

*Co-creation and evaluation of sustainable community-led innovations to strengthen food and water security*



UNSW  
AUSTRALIA



DHARRIWAA  
ELDERS GROUP



# Introduction – our objective

## 1.

- The Food and Water for Life project aims to improve the nutrition and health outcomes of Aboriginal and Torres Strait Islander communities in Australia by supporting sustainable solutions to food and water security.
- It is a five-year project which commenced in 2021 drawing on a longstanding partnership between the Dharriwaa Elders Group in Walgett and the University of New South Wales (The Yuwaya Ngarra-li Partnership).

# Introduction – Walgett Place and People

2. 



# History of WAMS and a community led approach to first nations health

3. 



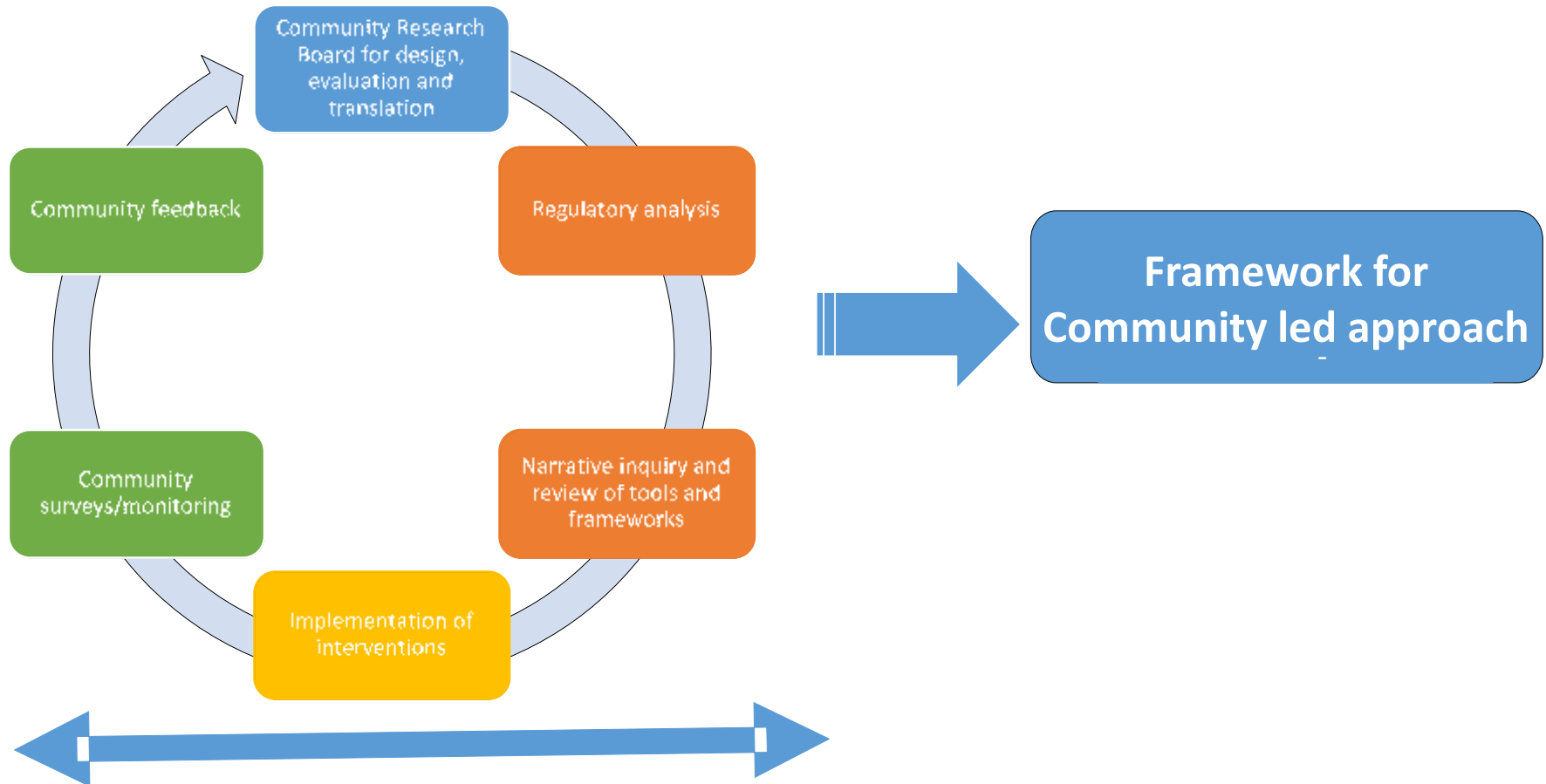


# Critical events impacting food and water security

4. 



# A decolonising research approach



# Progress to date: Walgett Community Food Forum





# Progress to date : Drought-resilient community gardens





# Future projects

## Expansion of the community garden

- Central part of community life
- Cultivation of traditional medicinal plants

## Local control of food supply

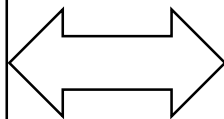
- First nations operated businesses
- Employment and re-investment in community

# Conclusions and Acknowledgements

## Implications for water, food, and public health

5. 

### Community Experts



### Academic Experts



The George Institute  
for Global Health  
Australia



food policy  
WHO Collaborating Centre  
on Population Salt Reduction



UNSW  
SYDNEY

Global Water Institute



UNSW  
SYDNEY

Institute for Global Development  
UNSW Sydney

# Acknowledgements

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