

# APPLICATION OF CONSISTENT CONTACT RECREATION WATER QUALITY STANDARDS ACROSS HYDROLOGICAL EXTREMES: REASONABLE OR RIDICULOUS?

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# WATER QUALITY STANDARDS

- Describe desired condition of waterbody
- Form legal basis for controlling pollution
- Advise user of potential health risks
- Consist of:
  - 💧 Designated Uses
  - 💧 Numeric Criteria
  - 💧 Antidegradation Requirements
  - 💧 General Policies

# CONTACT RECREATION

- **Primary contact – activities with presumed significant risk of water ingestion**
  - 💧 Swimming, children wading, water skiing, surfing, diving, tubing, whitewater sports (kayaking, rafting)
- **Secondary contact 1 – commonly occurring activities with limited body contact; less ingestion risk than primary contact**
  - 💧 Adults wading, fishing, canoeing, kayaking, boating
- **Secondary contact 2 – limited body contact activities with less ingestion risk due to physical waterbody characteristics and limited access**
  - 💧 Fishing, canoeing, kayaking, boating
- **Noncontact – activities with no significant risk of ingestion; where activities should not occur due to unsafe conditions**
  - 💧 Birding, hiking, biking; contact prohibited by law

# RECREATION TYPES



# PROTECTING HUMAN HEALTH

- Contact recreation standards provide reasonable assurance that human health risk from fecal pollution is acceptable
- Feces contains
  - 💧 Pathogens including *cryptosporidium*, pathogenic *E. coli*, and *giardia*
  - 💧 Non-pathogenic organisms: many strains of *E. coli* and fecal coliform
    - 💧 *E. coli* commonly used as Fecal Indicator Bacteria
- Presence of Fecal Indicator Bacteria in water considered indicative of recent fecal contamination
- Concentrations correlate to human health risk

# *E. COLI* FATE IN THE ENVIRONMENT

- *E. coli* can survive for a period of time outside of the host organism in soil, water, sediment
- Survival influenced by temperature, moisture level, available nutrition, salinity, solar radiation, and predation levels
  - 💧 Levels of each vary in soil, water, and sediment
- Long-term survival has been documented in all environments
  - 💧 *E. coli* may not be associated with recent contamination events
  - 💧 Surviving *E. coli* can contribute to measured quantity in water samples
    - Baseflow contributions ~90%
    - Stormflow increases of ~ 2 orders of magnitude

# CONTACT RECREATION STANDARDS APPLICATION IN TEXAS

## ■ *E. coli*

💧 Public Lakes

💧 Rivers

💧 Creeks

## ■ *Enterococcus*

💧 Bays

💧 Estuaries

■ No considerations for flow condition

■ No risk conferred to the person recreating due to type of activity

■ No consideration of use type relative to flow conditions

# NAVASOTA RIVER CASE STUDY

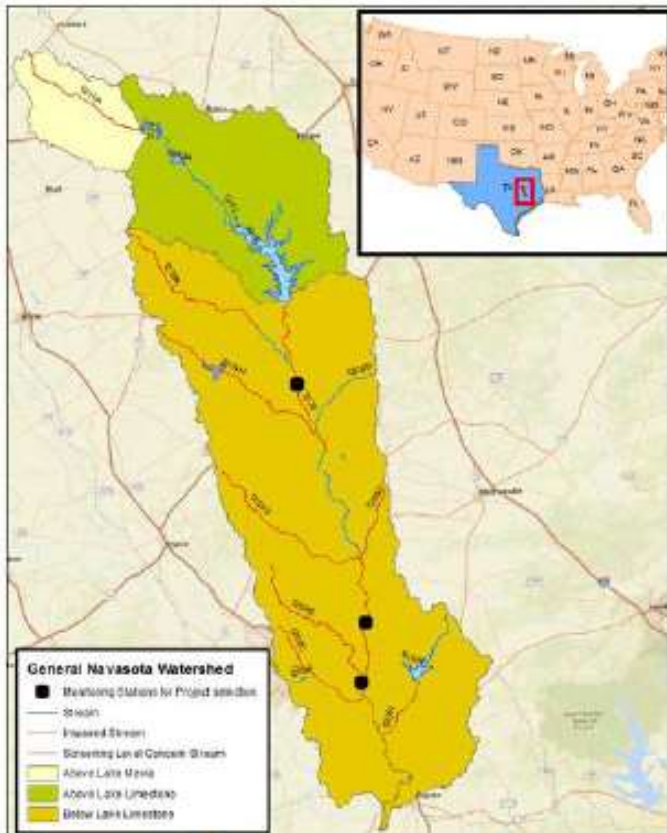


Figure 1. Navasota River watershed in Central Texas, USA

Table 1. *E. coli* concentration descriptive statistics by flow category

<i>E. coli</i> concentrations CFU/100mL	<i>N</i>	Median	Standard Deviation	Geometric Mean
Safe flows	32	110	163.1	106.4
Unsafe flows	9	290	1835.7	510.4
All flows	41	124	978.9	150.1

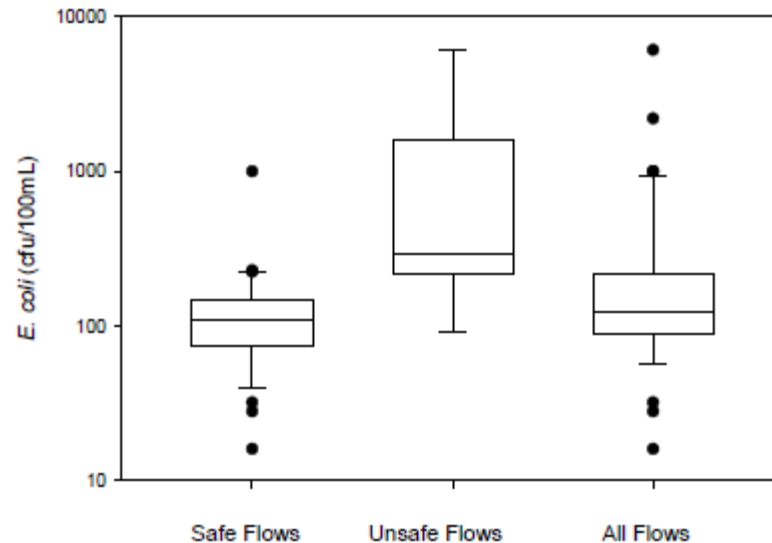


Figure 2. *E. coli* concentrations by flow condition



# HYDROLOGIC CONDITIONS CHANGE RECREATION



# POLICY RECOMMENDATION

- Risk based water quality standard
- Consider the number of people engaged in recreation, appropriate type of recreation, and flow condition
- Example considering 5,000 swimmers and only 50 whitewater rafters per year

Illness rate/1000 people =  $[\text{Log}(E.coli \text{ geometric mean}) - 1.249] / 0.1064$

At 126 cfu/100 mL *E. coli* concentration: 40 swimmers get sick; only 0.4 whitewater rafters get sick

Applying less restrictive standard to rafting conditions only still yields adequate human health protection

At 630 cfu/100 mL: only 0.72 whitewater rafters get sick

# IMPLICATIONS

- Requires more data: water quality and recreation use
- Must consider type and levels of waterbody use
- People will assume increased level of risk when recreating
- Can reduce the number of waterbodies considered impaired
- Can reduce costs for restoring impaired waterbodies



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# QUESTIONS?

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